

HONEST BREAD.

Allergen guide.

100% SOURDOUGH BREADS.

ALLERGENS.

White Sourdough	Gluten
Cypriot Sourdough	Gluten, Sesame
Country Sourdough	Gluten
Sourdough Focaccia	Gluten
Multigrain Sourdough	Gluten
Rye Sourdough	Gluten
Zeas Sourdough	Gluten
Carob Sourdough	Gluten, Walnuts
Ciabatta Roll	Gluten
Pumpkin Sourdough	Gluten

SNACKS.

ALLERGENS.

Halloumi Pie	Gluten, Sesame, Milk
Olive Pie	Gluten
Tahini Pie	Gluten, Sesame
Halloumi Tomato Focaccia	Gluten, Milk
Sausage Roll	Gluten, Eggs, Milk, Soya, Celery
Vegan Pie	Gluten
Seasonal Pie	Gluten
Greens Pie	Gluten, Milk
Cheese Pie	Gluten, Milk, Sesame

BRIOCHE BUNS.

Brioche Bun

ALLERGENS.

Gluten, Milk

SANDWICHES.

Pastrami Sandwich

Gluten, Sesame, Milk, Sulfites, Mustard

Vegan Sandwich

Gluten, Sulfites, Mustard

Prosciutto Sandwich

Gluten, Milk, Sulfites

Salmon on Rye

Gluten, Milk

PASTRIES.

Sourdough Croissant

Gluten, Milk

Almond Croissant

Gluten, Milk, Almonds

Pain Au Chocolat

Gluten, Milk

Apple Crumble Danish

Gluten, Milk

Pistachio Swirl

Gluten, Milk, Almonds

Feta Swirl

Gluten, Milk, Sesame

Cinnamon Bun

Gluten, Milk

Ham & Cheese Croissant

Gluten, Milk, Sesame

Zaatar and Kefalotiri Croissant

Gluten, Milk, Sesame

CRUFFINS.

Hazelnut Praline Cruffin

Gluten, Milk, Hazelnuts

Bueno Cream Cruffin

Gluten, Milk, Hazelnuts

White Chocolate & Pistachio

Gluten, Milk, Almonds

Lemon Cheesecake Cruffin

Gluten, Milk, Eggs

For more information on our allergens,
please ask a member of staff.

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Olive Pie
Tahini Pie
Halloumi Tomato Focaccia
Sausage Roll
Vegan Pie
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Greens Pie
Cheese Pie

Gluten, Sesame, Milk
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Gluten, Milk
Gluten, Eggs, Milk, Soya, Celery
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Bueno Cream Cruffin

White Chocolate & Pistachio

Lemon Cheesecake Cruffin

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Gluten, Milk

Gluten, Sesame, Milk, Sulfites, Mustard

Gluten, Sulfites, Mustard

Gluten, Milk, Sulfites

Gluten, Milk

Gluten, Milk

Gluten, Milk, Almonds

Gluten, Milk

Gluten, Milk

Gluten, Milk, Almonds

Gluten, Milk, Sesame

Gluten, Milk

Gluten, Milk, Sesame

Gluten, Milk, Sesame

Gluten, Milk, Hazelnuts

Gluten, Milk, Hazelnuts

Gluten, Milk, Almonds

Gluten, Milk, Eggs

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